



Motivational Interviewing

April 26-27, 2007

Crowne Plaza • 1375 South Broadway • Lexington, Ky.

You won't want to miss this day and a half of Motivational Interviewing training (April 26 from 9AM to 4PM and April 27 from 9AM to Noon). Motivational Interviewing is a client-centered yet, semi-directive counseling approach. Motivational Interviewing can be used in all therapy modalities and integrated with existing programs and treatment approaches. It can be used as brief treatment in substance abuse, mental health, and physical health settings. It is a "way of being with people" to quote Bill Miller, co-founder of Motivational Interviewing. Motivational Interviewing has been shown to increase client retention and long-term change. The training will include experiential "real plays," brief lectures, and videos.

Trainer: Suzanne Carrier, LCSW, Women's Treatment Coordinator
Department of Mental Health and Substance Abuse

**Registration is \$15 for non-DPH staff. Send payment to:
ALERT Regional Prevention Center, P.O. Box 790, Ashland, KY 41105
or call 1-606-329-8588, Ext. 4119 with purchase order number
or credit card payment.**

**Hotel Reservations for the Lexington Crowne Plaza must be made by
March 24, 2007 • Call 859-255-4281 or 1-800-227-6963.**

**To Register for Motivational Interviewing
go to ky.train.org and follow the instructions.**

(helpful hint - do not use <http://www>) Course #: 1008194



Sponsored by: Tobacco Prevention and Cessation Program,
Governor's Office of Wellness and Physical Activity and The Department for Public Health